

ULTRASOUND GUIDED
REGIONAL ANESTHESIA
WORKSHOP

05 & 06 SEPTEMBER 2026
DUBAI, UNITED ARAB EMIRATES



WORKSHOP AGENDA



06
2026

SEPTEMBER



08:30
16:50

HRS UAE
TIME

08:30 - 09:00	Welcome, Introduction & Workshop Goals Dr. Osama Alani, UAE Dr. Shailendra Chaudhari, UAE Course Director Course Co-Director
09:00 - 13:15	Station 1: Shoulder & Upper Arm Blocks - Interscalene Block - Supraclavicular Block - Suprascapular Block - Clavipectoral Fascia Block - Diaphragmatic Safety Station 2: Distal Upper Limb Blocks - Infraclavicular Block - Axillary Brachial Plexus Block - Median, Ulnar & Radial Nerve Blocks Station 3: Truncal Plane Blocks - Thoracic - Erector Spinae Plane (ESP) Block - Paravertebral - Pec 1 and 2 Blocks Station 4: Abdominal Wall Blocks - Transversus Abdominis Plane (TAP) Block - Rectus Sheath Block - Quadratus Lumborum (QL) Block (Types 1-3) Station 5: Hip & Thigh Blocks - Femoral Nerve Block - Adductor Canal Block - Fascia Iliaca Block - Motor-Sparing Strategies - PENG Block
13:15 - 14:15	 Lunch Break
14:15 - 16:00	Station 6: Knee, Leg & Foot Blocks - Popliteal, Sub Gluteal and Anterior Thigh Sciatic Block - IPACK Block - Ankle Block (5-Nerve Technique) Station 7: Continuous Catheter Techniques and Needling on Meat and Phantom - Perineural Catheter Placement - Catheter Fixation & Infusion Strategies - Troubleshooting Catheter Failures Station 8 : Spinal & Epidural Sonoanatomy - Ultrasound Scanning of Lumbar Spine - Identify Interspinous Space, Ligamentum Flavum, Dura - Applications: Difficult Spine, Obese Patients
16:00 - 16:50	Evaluation & End of the Workshop